# **DEPARTMENTS**







GENERAL MEDICINE, DIABETOLOGY & FAMILY MEDICINE























# AR SUPER SPECIALITY HOSPITAL CRAFT Campus, Kodungallur

( Call : **0480 2800 222** ) www.armedcentre.com

# DEPARTMENT OF ORTHOPAEDIC & SPORTS MEDICINE



# AR SUPER SPECIALITY HOSPITAL

**CRAFT Campus, Kodungallur** 

# **OUR TEAM OF DOCTORS**



Dr. Renjith K.R

MBBS, MS Ortho,

FNB Spine (Ganga Hospital Coimbatore)

Consultant Spine Surgeon



Dr. Mohamed Shakeeb K.U

MBBS, MS Ortho

Consultant Arthroscopy & Arthroplasty Surgeon,

Specialist in Sports Injuries



Dr. Mohamed Shelin P.I

MBBS, MS Ortho

Fellowship in Arthroscopy & Arthroplasty (Singapore)

Consultant Orthopaedic Surgeon



Dr. Jaseem Shamsudheen

MBBS, MS Ortho

Consultant Arthroscopy & Arthroplasty Surgeon



Dr. Nithin Prabhu

MBBS, MS Ortho,
Fellowship in Joint Replacement,
FIJR, Fellowship in Shoulder Surgery &
Sports Medicnes, Cleveland, USA,
Senior Consultant in Orthopaedics & Joint Replacement Surgery



Dr. Harish Krishnan
MBBS, MS Ortho
Consultant Orthopaedic Surgeon



#### **DEPARTMENTS**

# 1. Orthopaedic & Trauma

The department of orthopaedic with international facilities and skilled experts' guidance assure optimal medical, surgical and therapeutic care to patients with all kinds of orthopaedic conditions.

The department is well-equipped with state-of-the-art operation theatres and fully equipped ultramodern critical care beds to help our patients have a quick recovery. Patients suffering from major traumatic injuries are given immediate care at the 24X7 traumatic care divisions which is well-resourced with advanced facilities and staff.



# 2. Arthroscopy & Sports Injuries

We understand the need for quick recovery and pain management in sports injuries and our sports medicine team works with surgeons to put our patient's healthback on track. Using the latest minimally invasive surgical techniques and the latest imaging techniques, our specially trained doctors offer consultation, treatment and surgery for sports injuries without restricting the activity of the patient and reducing recovery time. The world-class arthroscopy theatre at craft regularly conducts knee, Elbow and shoulder arthroscopy, revision and replacement surgeries.

Through our fully equipped sports rehabilitation and physiotherapy unit. We provide a line-up of services ranging from sports injury management to fitness testing and exercise prescription for health and fitness, and sports performance enhancement.

#### **Services & facilities**

- Arthroscopy theatre with world class instrumentations
- Fully equipped sports rehabilitation and physiotherapy unit with specialised therapists
- Autologous chrondocyte implantation of patient's own cultured cells for damaged cartilage, autologous osteochondral autograft
- Arthroscopic shoulder surgeries
- Key hole surgery for shoulder, knee, ankle, elbow and small joints
- Latarjet procedure for failed arthroscopic repair for shoulder dislocation
- Revision surgery for failed ligament surgeries
- Repair of multiligamentous injuries of knees, all musculoskeletal ports injuries
- Sports rehabilitation and fitnes straining, kinesiology taping, splinting and braces



# 3. Arthroplasty & Joint Replacement Unit

Arthroplasty unit is well equipped with state of art facilities. We regularly perform primary and revision knee, hip and shoulder replacement surgery.

#### **SERVICES & FACILITIES**

- Arthroplasty theater with world class instrumentation.
- Joint replacement surgery:hip, knee and shoulder.
   Primary and revision replacement surgery reconstructive procedure of knee and hip
- Fully equipped arthroplasty rehabilitation and physiotherapy unit with specialised therapists.







### 4. Spine Care Unit

We have a fully equipped spine care unit

#### **Services & facilities**

- Minimally invasive spine surgery
- Dedicated operation theatre for spine surgeries
- Spine deformity correction (scoliosis, kyphosis, etc.)
- Spine trauma
- Disc prolapse
- Spine tumours

# 5. Physiotherapy

The Physiotherapy Department at AR Super Speciality Hospital functions systematically, offering comprehensive treatment facilities for patients. The department is an important aspect of AR Super Speciality Hospital, helping patients gain back their independence after a disabling disease or a traumatic injury. Specialists in this area work with patients to help minimise the physical and cognitive effects of disability so that patients may reach their fullest potential.



Depending upon an individual's medical and emotional condition and personal goals, patients may experience a number of benefits as a result of physical therapy and rehabilitative care, including:

- The ability to return to work
- The ability to develop the skills necessary for independent living. Without such care, many of these patients would otherwise require long-term home care.
- Shortened or less frequent hospitalisation



#### **Services & facilities**

**Problems Mainly Dealt With** 

- Spinal and Joint problems.
- Strains, Sprains and Sports injuries.
- Back Pain.
- Getting back in step after hip, knee and other joint replacements.
- Arthritis and Osteoporosis.
- Respiratory conditions.
- Hand & Shoulder Rehabilitation Program.
- Amputee Rehabilitation.
- Cardiothoracic Rehabilitation.